



Ishanya India Foundation

Center for Individuals With Special Needs

SPRUHA

A SKILL DEVELOPMENT TRANSITION PROGRAM

ISHANYA, meaning the north-east direction symbolically represents Education, Knowledge and Prosperity.

This Centre for Learning for Individuals with

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SPRUHA

A SKILL DEVELOPMENT TRANSITION PROGRAM

This unique program “SPRUHA”, which means ‘aspiration’, is a comprehensive program covering various skill areas required for the students to become an integral part of our society. It equips them to face the challenges of a work environment, identifies the vocation areas that suit them and trains them in various vocations. Truly reflecting our mission and vision, Spruha will ultimately facilitate the journey of inclusion.

Our vision “to assist and empower individuals with special needs to unlock their abilities and to spread the message of inclusion” is taking a new direction with our Flagship Program “SPRUHA”.

Duration

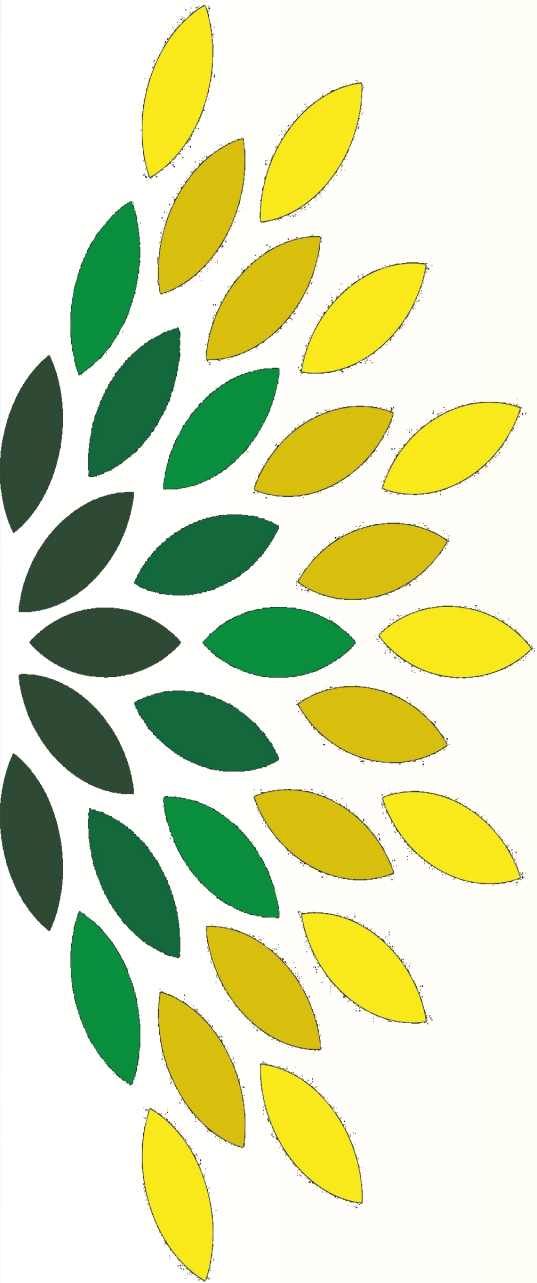
This is an intensive two-year program

Year 1:

Core skills areas along with vocational training

Year 2:

Core skill areas, vocational training and handling projects in-house or internships



PROGRAM OUTLINE

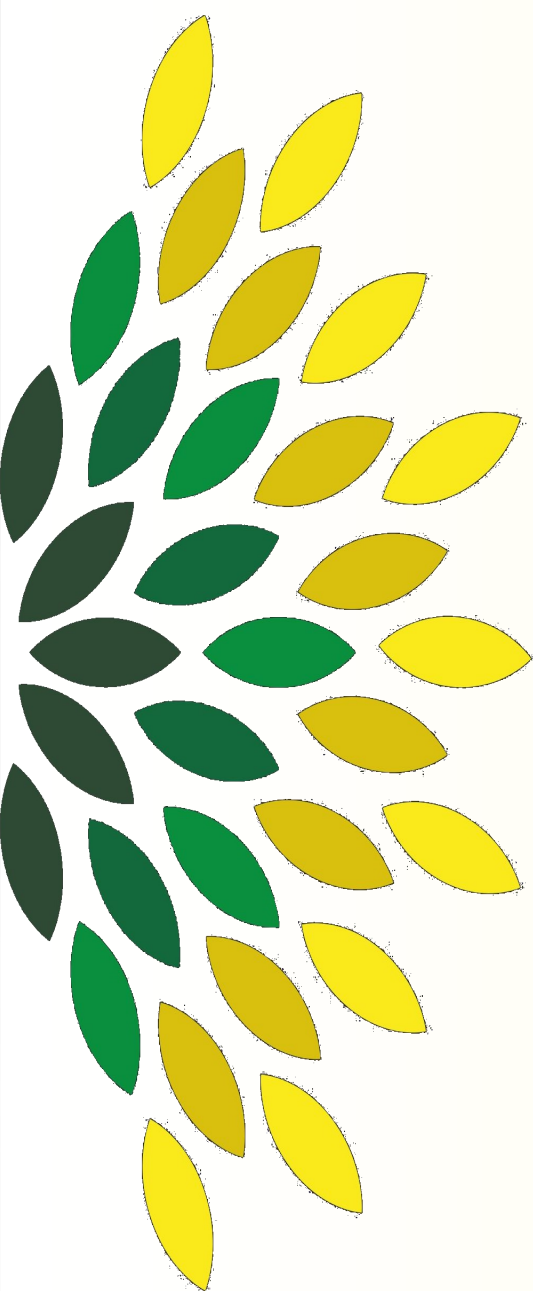
SPRUHA offers each participant a doorway into a new and fascinating world of skills and provides an opportunity to engage himself/herself in a process of personal transition. The modules have been designed based on the inputs from the two most important stakeholders- educators and parents.

The goal is to provide a firm foundation of skills upon which the student can further build and generalize their understanding. The skill development transition program addresses all phases of the learning process and grows in complexity with time with curriculum divided into basic, intermediate and advanced levels.

The program is arranged in such a way that each student can develop at their own pace in a facilitated environment.

Full-day Program: Core Skill Areas and Vocational Programs

Half-day Program: Core Skill Areas or Vocational Programs



COURSE OUTLINE: CORE SKILL AREAS

Cognitive Skills

Attention

Memory

Making choices

Decision making

Problem solving

Conflict resolution

Logic and reasoning ability

Stress management

Emotional Understanding

Social Cognition

Communication Skills

Listening skills

Turn Taking

Greeting

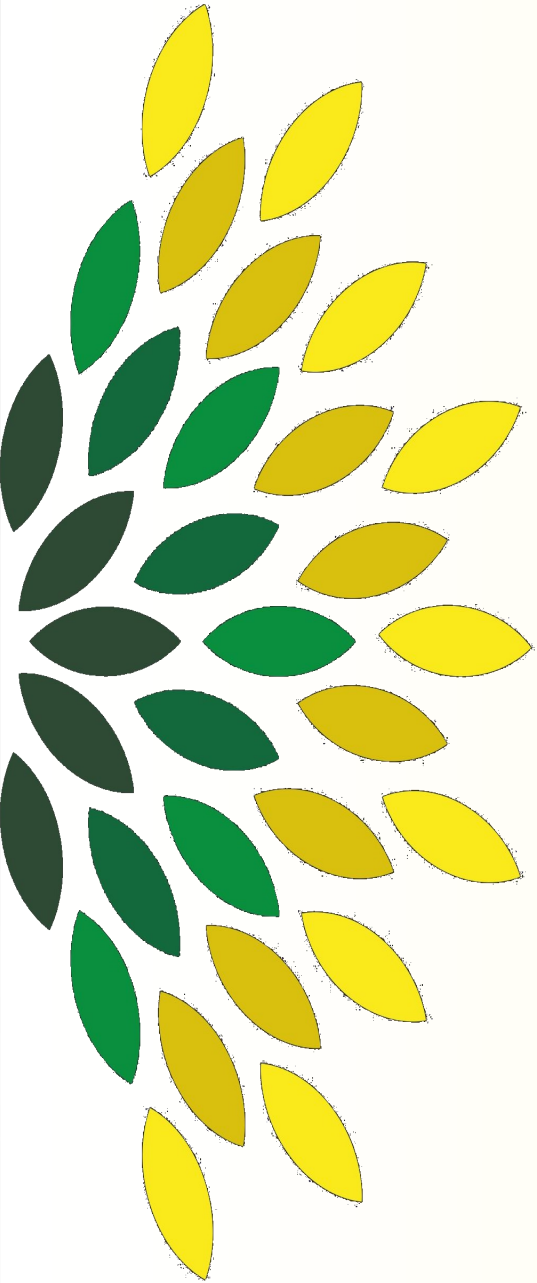
Introduction to conversations

Telephonic conversation

Written Communication

Conversation in Public forums

Communication with familiar and unfamiliar people



COURSE OUTLINE: CORE SKILL AREAS

Computer Skills

Introduction

How to operate the elements of a computer

Perform operations on the computer

Word Processing

Excel

PowerPoint Presentation

Introduction to the Internet

Register an email account and using it

Maintaining a Computer

Safety in the Digital Age

Digital Literacy to understand the concept of Online Banking

Functional Life Skills

Personal Hygiene and Grooming

Functional Math

Road literacy

Financial Literacy

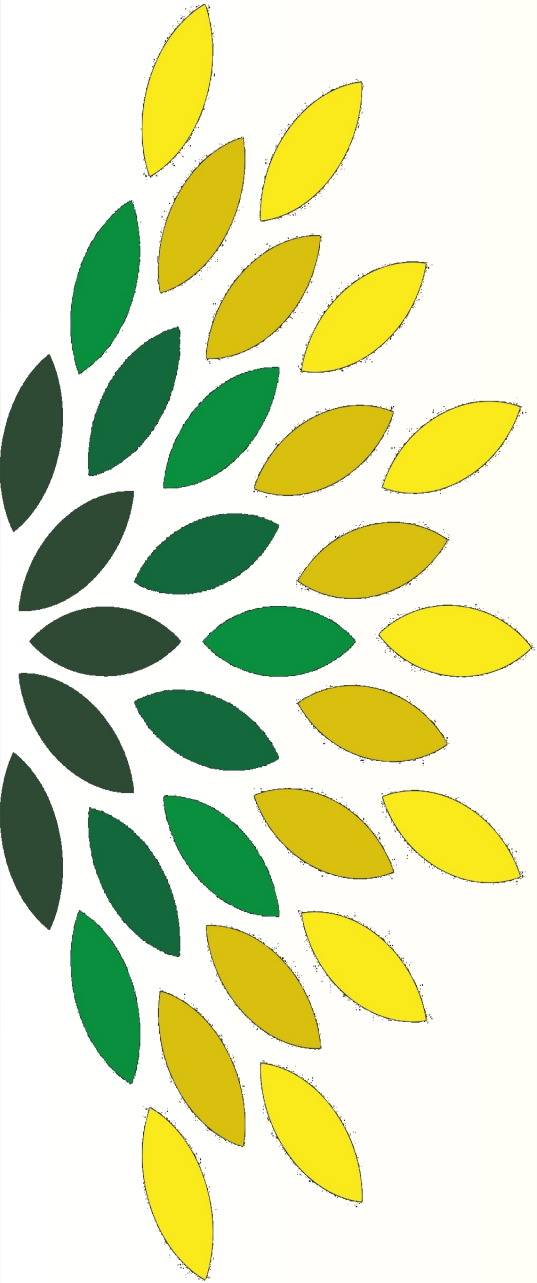
Shopping

Cooking and table manners

E-commerce

Understanding emergencies

Time management



COURSE OUTLINE: CORE SKILL AREAS

Personality Development

Understanding self

Understanding family

Personal identification

Hygiene

Confidence

Leadership skills

Self esteem

Self advocacy

Socio-Behavioral Skills

Social skills

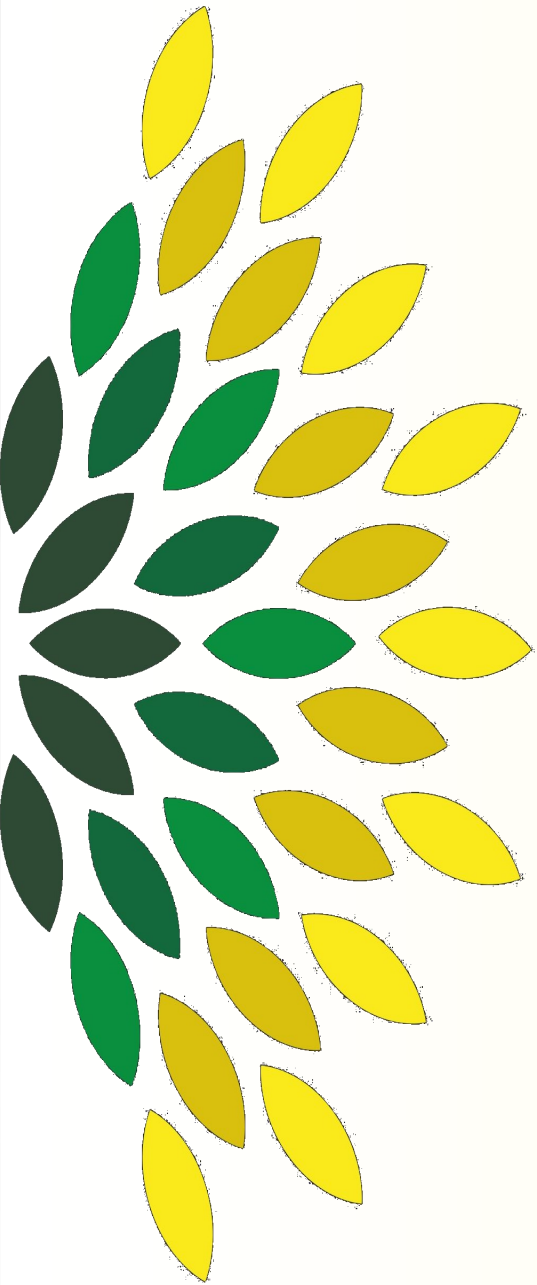
Leisure skills

Boundaries

Conversation

Emotional understanding

Sex education



COURSE OUTLINE: VOCATIONAL PROGRAMS

Digital Designing

The three modules under digital designing are Adobe InDesign, Adobe Illustrator and Adobe Photoshop. The syllabus is divided into basic and advanced programs. The course is customizable.

Web Designing

MS PowerPoint is used as a strategy to teach WordPress. It is divided into basic and advanced programs. In the basic, the focus is on registering a domain name, and coming up with a basic website, while advanced looks into adding features like flash, making the website mobile friendly.

Photo-editing and Photo-album creation

Adobe Lightroom Classic is used in Photo-editing. The module includes importing photos, organizing it, editing using different tools, creating and designing photo album designs

Digitization and Data Entry

It is divided into Pre scan activities, Scanning, Quality check, OCR, Metadata and Return to the storage/archive. The data entry module includes entering data in forms which are online into a given format, do Quality check, Submit and generate reports from the submitted forms.

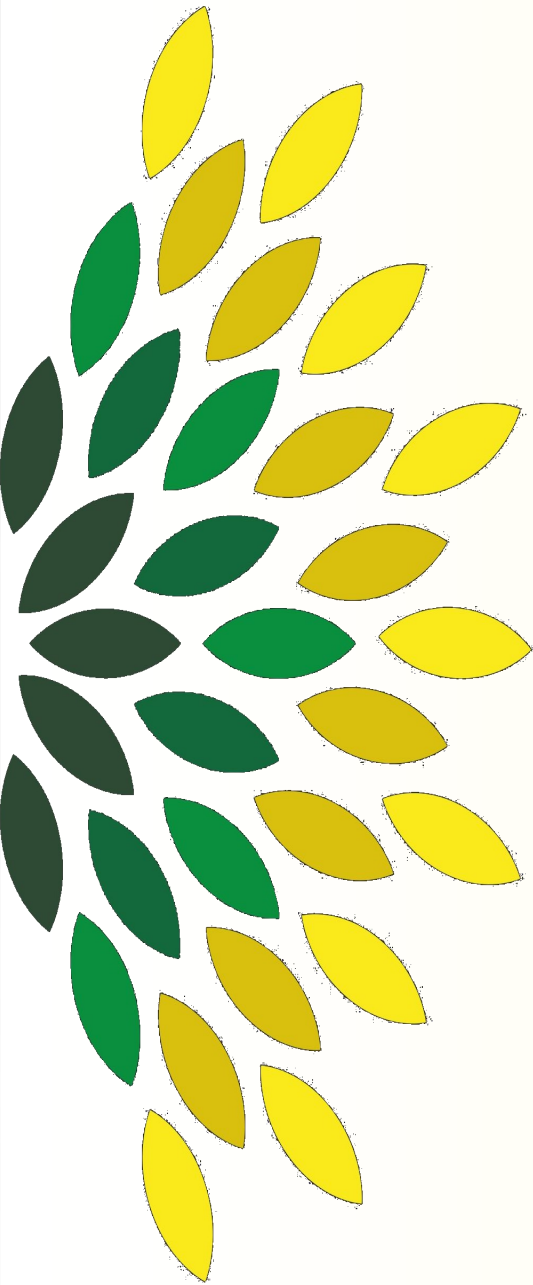
Office Work/Admin

The focus of this module is on readiness skill for basic office or admin work such as sending emails, stocktaking, maintaining registers, creating reports & documenting work.

Teaching Assistant/ Resource Development

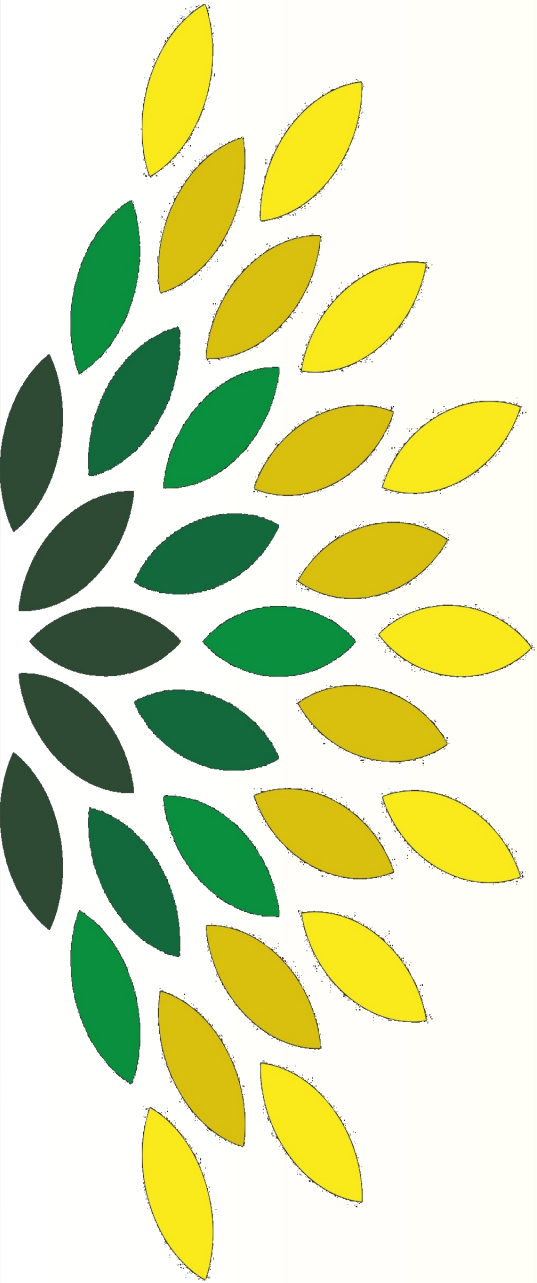
The focus is to train them to reinforce lessons presented by teachers, implementing class rules, help teachers with recordkeeping, preparing for lessons by getting materials ready and supervising students in class. They are trained to make hands on and digital resources/worksheets for the class.

Note: Students will be trained on one of the vocational areas



WHY CHOOSE US?

- . A Highly dedicated team with diverse background
- . Well planned curriculum
- . Optimum pupil – educator ratio
- . Practical life skills training & Simulation exercises
- . Expanded computer skills curriculum
- . Technology assisted intervention to teach soft skills
- . Exposure to industry standard software
- . Live hands-on project experiences (Vocational programs)



FAQ's

1. What is the objective of the program?

The objective of Spruha program is to empower students and facilitate their successful transition to life after school. The program aims to provide skill Development as part of their individualized plan and to provide them with real world, hands on training to improve future opportunities.

2. Who prepares and decides courses and curriculum?

The curriculum is developed by all the important stakeholders including special educators, parents and professionals from various industries. The skill areas that are crucial for the holistic development of the students are part of this comprehensive curriculum.

3. What type of work can be expected after completing the course?

The aim of Spruha is to prepare them for independent living including job readiness skills. Students will be exposed to various projects—in-house at our incubation unit and internships/ job placements. However, completion of the course doesn't guarantee the same. Each student will be evaluated and next course of action planned.

4. Do you provide transportation?

Transportation will not be provided.

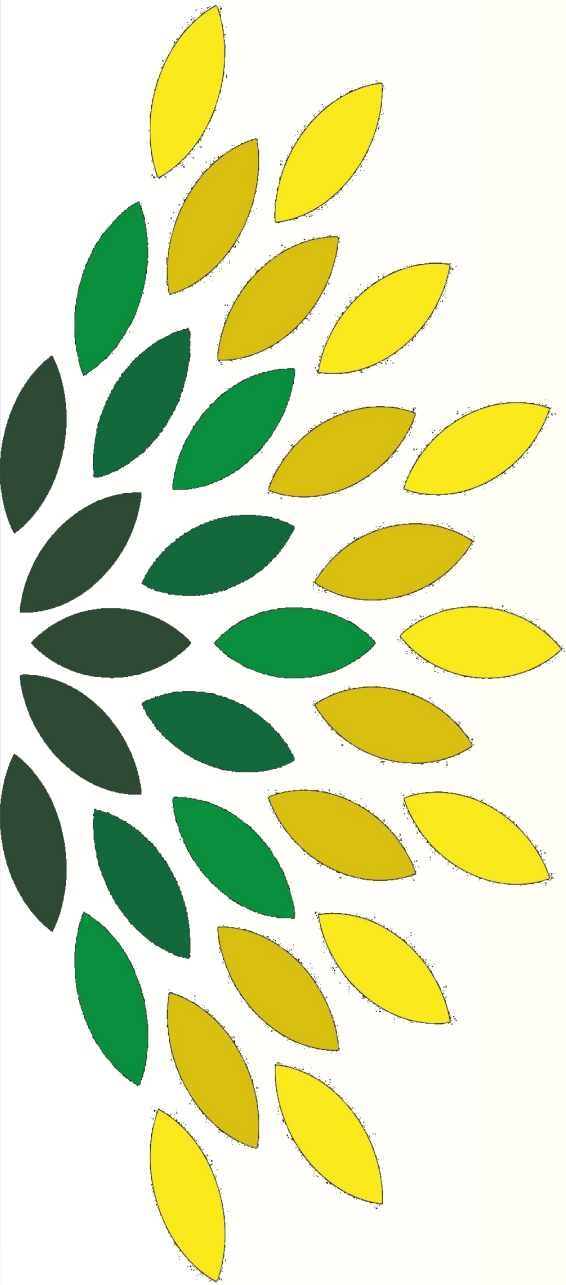
Testimonials

“They are transparent in interacting with parents. We appreciate the staff of Ishanya in handling adolescent boys.”

-Mother of 17 year boy

“It has reduced the burden for parents to move from pillar to post looking for different vocational/ therapy centres located elsewhere.”

-Mother of 25 year girl



FAQ's

5. What is the enrollment procedure?

The admission process is as below:

- Seek an appointment with our director and meet along with the student
- Schedule an assessment
- Fill in the online admission form
- Provide the necessary documents
- Pay contribution and enroll the student for the program

6. Are the educators qualified?

Yes. All the educators come from various background and advanced degrees in the areas of special education, psychology and information technology.

7. Why is this course important?

The program focuses on the student's specific interests, strengths, independency, life skills and personal goals. It also focuses on readiness skills which are essential to pursue any vocation/ job.

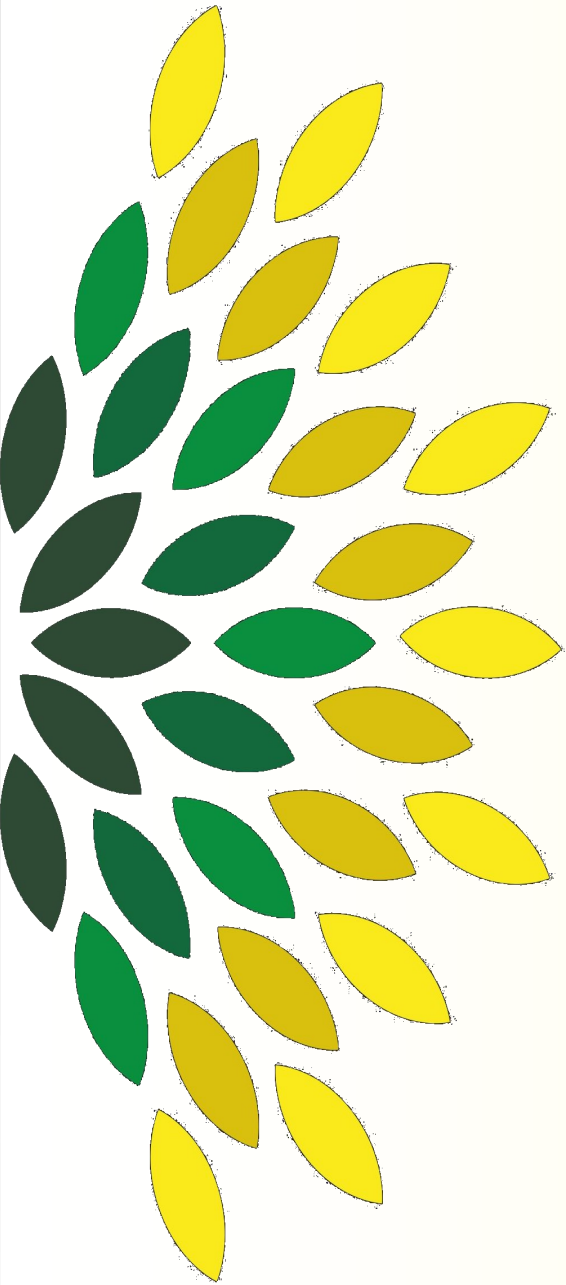
8. Is it okay if the student does not know to use computers? Will this program benefit him/her?

Prior knowledge of computers is not mandatory. Basics of computer will be taught as well. Non-Technology related courses will be added in due course of time.

Testimonials

“The forte of Ishanya is their skill in identifying every child's interest area and leveraging that interest to productively engage, teach and lead them to that particular vocation. By far this is the best technology based training centre for special needs children and adults”

-Mother of 22 year boy



FAQ's

9. What is the eligibility?

For the full day program: The child has to be 16 years or above

For the half day program: The child has to be 15 years or above

(Decision will be made after the initial assessment)

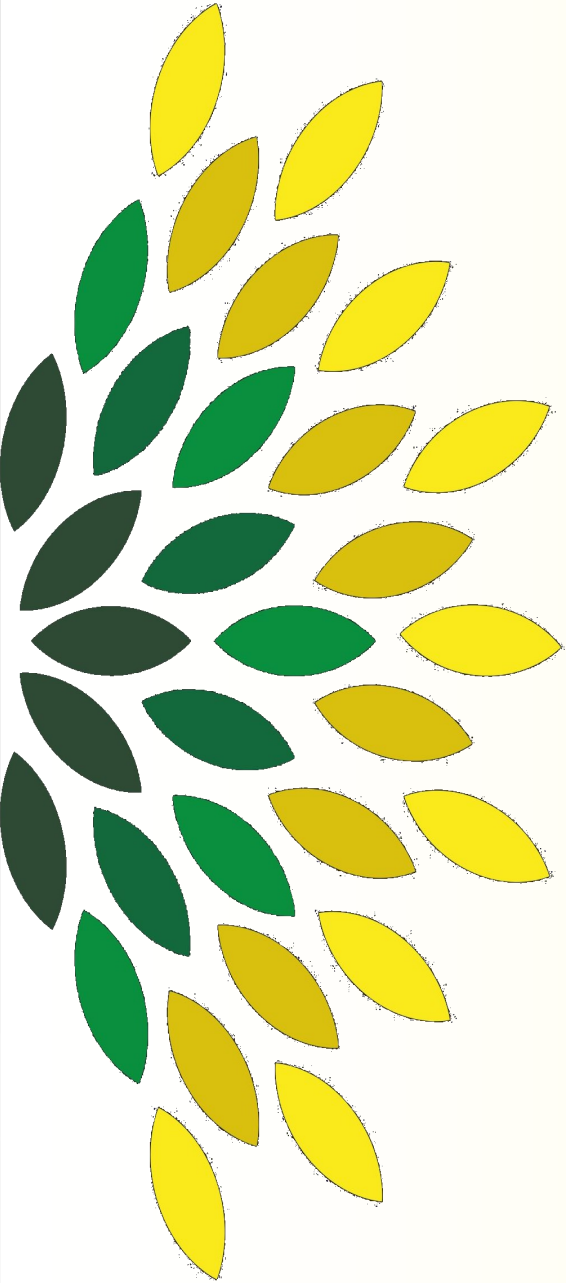
10. Is there an assessment at the end of the year and will any certification be provided?

An informal assessment will be done by the educators and a certification for completing the skill development program will be provided at the end of the program. Quarterly reports will be shared with the parents stating the progress of the student and the same shall be discussed during PTM's.

Testimonials

“The staff at Ishanya are very patient and understand the special needs of my child. They are very open to feedback, and conduct regular follow up sessions with the parents.”

-Mother of 12 year girl



CONTACT US



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