



ISHANYA
journey to inclusion

ISHANYA INDIA FOUNDATION

CENTER FOR INDIVIDUALS WITH SPECIAL NEEDS

SATTVA

**FOUNDATIONAL SKILLS INTERVENTION PROGRAM FOR CHILDREN
WITH SPECIAL NEEDS**

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SATTVA

FOUNDATIONAL SKILLS INTERVENTION PROGRAM FOR CHILDREN WITH SPECIAL NEEDS

HIGHLIGHTS OF THE PROGRAM

- Hands-on learning resources
- Technology assisted intervention
- Augmentative and Alternative Communication (AAC)
- Picture Exchange Communication System (PECS)
- Video Modelling
- Game-based learning
- Tailor made program for individualized learning
- A highly dedicated team with diverse background
- Well planned curriculum
- Optimum pupil – educator ratio
- Practical life skills training
- Prevoc skills

Program Schedule

Option 1

Core Skills Only

9:15 AM — 1:00 PM

Monday — Friday

Option 2

Core Skills and Prevoc
Skills

9:15 AM — 4:00 PM

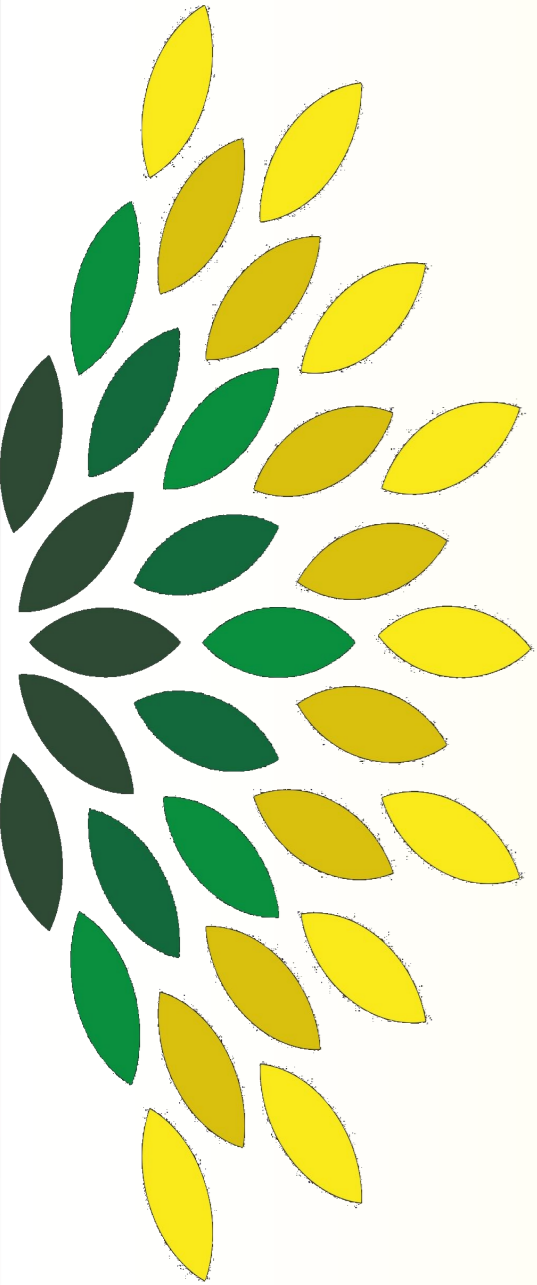
Monday — Friday

Option 3

Prevoc Skills only

2:00 PM — 4:00 PM

Monday — Friday



PROGRAM OUTLINE: CORE SKILL AREAS

Cognitive skills

Sorting, Sequencing, Pattern recognition, Mazes, Puzzles, Riddles, Categorization, Building attention span and memory, Making choices, Decision making, Understanding emotions

Communication skills

Gestures, Understanding body language, Greetings, Polite words, Starting and holding a conversation, Following instructions, Non verbal communication

Computer skills

Parts of a computer, Why do we need a computer, How to operate elements of a computer, Performing operations on a computer, Word processing (basic)

Functional academics skills

Reading, Written expression, Spellings, Language development (grammar and syntax), Vocabulary building, Comprehension, Math (all basic operations)

General awareness

Personal hygiene, Personal grooming, Personal safety, Time, Money, Calendar (days and months), Seasons, Community helpers, Good habits

Leisure

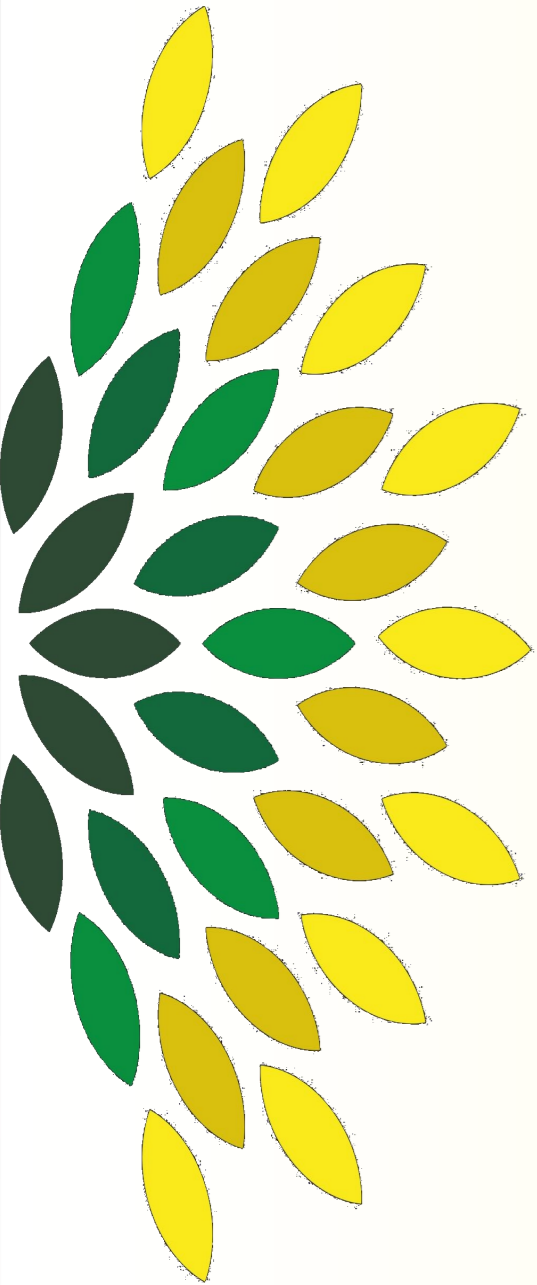
Arts and craft, Animal-assisted Activity (pet grooming), Music, Dance, Painting, Theatre

Physical fitness

Yoga, Zumba, Physical education

Socio-behaviour

Understanding different situations, Social skills like boundaries, Personal space, Understanding appropriate and inappropriate behaviour and management, Restaurant, mall, school etiquettes



PROGRAM OUTLINE: PREVOC SKILLS

Cooking and culinary

Identification of all basic utensils, vegetables, fruits, spices dals etc; Cutting vegetables Specific to each dish, peeling vegetables; Rolling out chapatis and pooris; Looking for recipes online; Collecting all ingredients needed for the recipe; Prepping the kitchen; Fireless cooking; Boiling water on induction stove; Serving food; Setting up table for 2-3; Packing food; Cleaning the kitchen post cooking; Refilling provisions when over

Art and craft

Basic drawing; Copying simple drawings; Colouring; Painting - with different medium; Craft work focusing on improving fine motor & imitation skills; Fill in colours appropriately in a given picture; Replicate simple 2-3 step craft items; Able to choose simple colour combinations

Concepts

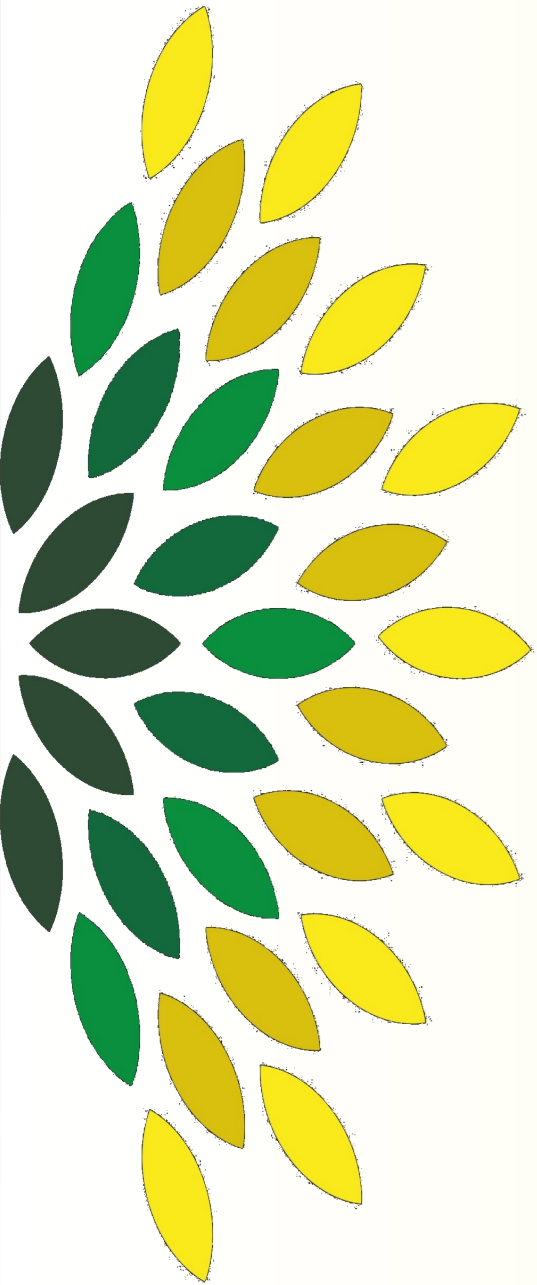
Concept of time, day and date; Reading Clock; Concept of money; Using calculator to do basic math operations; Shopping skills; Measurement of ingredients;

Admin and housekeeping

Identification of day & date on a document; Picking up files from shelves by matching name/number; Filing; Identifying & using paper clips, punching machine, stapler etc.; Photocopying; Filing papers into files; Use of calculator; Introduction to retail skills; Housekeeping;

Communication

Initiation of conversation; Maintenance of conversation; Turn taking; Making eye contact; Joint attention; Talking about a process in steps; Explaining the steps in sequence; Asking for help to complete a task; Listening skills; Following 2-3 step commands; Asking 'wh' questions to obtain information; Sentence expansion - using adjectives & adverbs; Working in a small group of 2-3 to complete an activity; Talking about self; Describing a given object; Conversational skills at different scenarios; Recalling & narrating past events



FAQ's

1. What is the objective of Sattva?

The objective of Sattva is to enhance core skill areas like cognition, communication, functional academics, socio-behaviour and computers.

The program is tailor-made to address each student's unique combination of needs. The optimal teacher student ratio ensures individualized learning, one to one support, and a nurturing learning environment.

2. Who prepares and decides courses and curriculum?

The curriculum is developed based on intensive discussion with all the stakeholder including special educators and parents. The skill areas that are crucial for the holistic development of the students are part of this comprehensive curriculum.

3. Do you provide transportation?

Transportation will not be provided.

4. How do I get a student enrolled for the program?

The admission process is as below:

- Seek an appointment with our director and meet along with the student
- Schedule the assessment sessions
- Fill in the admission form
- Provide the necessary documents and reports
- Pay fees and enroll the student for the program

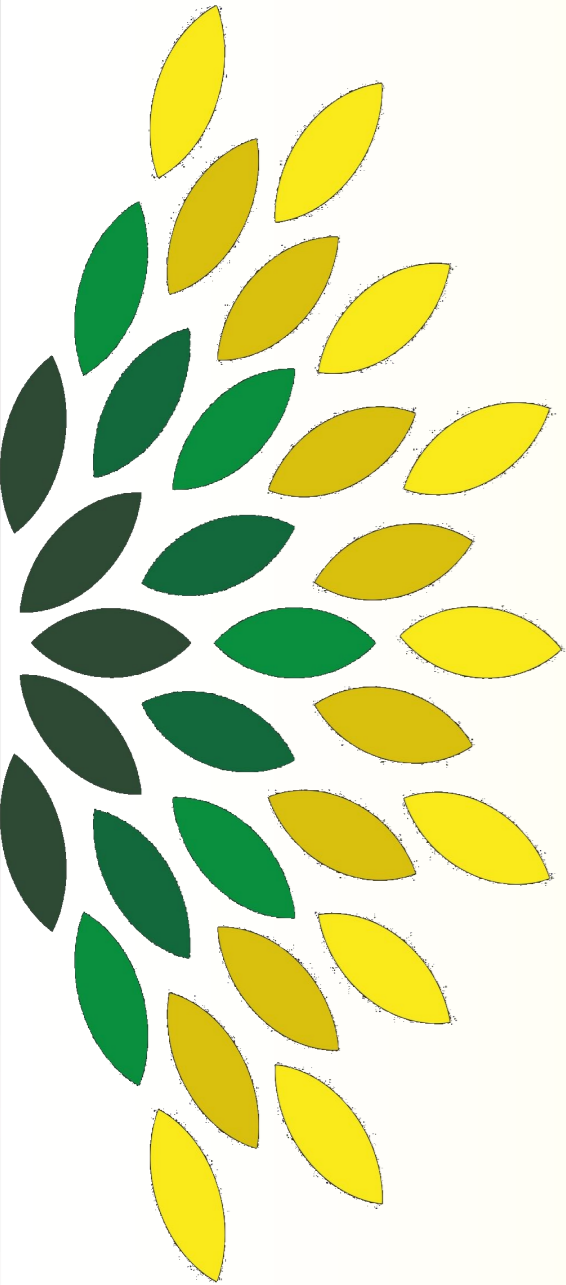
Testimonials

"They use good visual tools and are adept at teaching through iPad based on his Individualized Educational Plan."

-Mother of 10 year old

"They are very open to feedback, and conduct regular follow up sessions with the parents. They have created a structured IEP for my daughter which makes it very easy to track the goals. All in all, Ishanya has been a great Support for my daughter."

-Mother of 12 year girl



FAQ's

5. Are the educators training the student qualified?

Yes. All the educators come from various background and advanced degrees in the areas of special education, psychology, speech language pathology and information technology.

6. How would a student benefit from this program?

The program focuses on the student's specific interests, strengths, functional academics, general awareness and prevoc skill areas.

7. What if a student does not know to use computers; will this program benefit him/her?

Prior knowledge of computers is not mandatory. Basics of computer will be taught as well.

8. What is the eligibility for Sattva?

The student has to be between 11 to 15 years of age (Decision will be made after the initial assessment)

9. Is there an assessment at the end of the year and any certification?

An informal assessment will be done by the educators and a certificate of completion of the program will be provided at the end of the program. Quarterly reports will be shared with the parents stating the progress of the student and the same shall be discussed during PTM's.

Testimonials

"They are transparent in interacting with parents. We appreciate the staff of Ishanya in handling adolescent boys."

- Mother of 17 year boy

